護理專論課程--文獻檢索



●為何使用實證護理文獻?

文獻檢索概念

- ●一般性中文資料庫
 - Aritilibrary華藝線上圖書館 (CEPS思博網)
 - HyRead台灣全文資料庫

• 醫學護理資料庫

- PubMed
- CINAHL(護理)
- MEDLINE (醫學)
- ●實證資料(實證研究機構及實證資料庫)
 - Cochrane Library

實證護理定義

依據國際榮譽護理學會(Sigma Theta Tau international, 2004)定義實證護理(Evidence Based Nursing, EBN): 涵蓋現有之最佳證據及護理實務經驗,並重視個人及其所屬家庭及社區之價值及偏好的護理照護。

宋惠娟, & Chang, A. M. (2004)。 認識實證護理: 簡介及相關資源。 慈濟護理雜誌, 3(2), 8-13.

執行實證護理的五大步驟

- 步驟一:提出一個可以實證回答的問題
- 步驟二:尋找文獻證據
- 步驟三:嚴格評析文獻
- 步驟四:執行實證為基礎的護理措施於病人身上
- 步驟五:評值所執行的護理措施

資料來源:簡莉盈、劉影梅(2007),實證護理學導論,華杏出版, P.15-17

形成研究問題

PICO問題

- P: patient and/or problem (病患)
- I: intervention (介入處理)
- C: comparison of intervention (對照)
- O: clinical outcome (臨床結果)

將這些面向化為資料庫檢索點

範例

檢索問題: 臍部乾燥與臍部消毒對足月健康之新生兒,減少臍部 發炎的成效是否有差別?

	主要陳述	關鍵字
Ρ	足月健康新生兒	新生兒
I	臍部局部消毒	臍部消毒
С	臍部保持乾燥	臍部乾燥
0	臍部最佳護理方式	

2010年6月 Oxford Classification

Table: Steps in finding evidence ("Levels") for different types of question

Developed by: Iain Chalmers (James Lind Library), Paul Glasziou (OCEBM), Trish Greenhalgh (UCL), Carl Heneghan (OCEBM), Jeremy Howick (OCEBM), Alessandro Liberati, Ivan Moschetti, Bob Phillips, and Hazel Thornton

Question	Step 1	Step 2	Step 3	Step 4	Step 5 (Level 5)
	(Level 1*)	(Level 2*)	(Level 3*)	(Level 4*)	
How common is it?	Most relevant local and	Systematic review of	Systematic review of local	Systematic review of case-series	Opinion without explicit critical
(E.g., Pre-test	current random sample	current surveys	non-random sample		appraisal, based on limited/
probabilities)	survey (or censuses)				undocumented experience, or
					based on mechanisms
Is this test accurate?	Systematic review	Systematic review of cross	Systematic review	Systematic review of case-	Opinion without explicit critical
(Diagnostic accuracy)	of cross sectional	sectional studies	of non-consecutive studies, or	control study, or cross-sectional	appraisal, based on limited/
	studies	With consistently applied	studies without consistently	study with non-independent	undocumented experience, or
		reference standard and	applied reference standards.	reference standard	based on mechanisms
		blinding			
What will happen if	Systematic review	Inception cohort studies	Cohort or control arm of	Systematic review of case-series	Opinion without explicit critical
we do nothing?	of inception cohort		randomized trial		appraisal, based on limited/
(Prognosis)	studies				undocumented experience, or
					based on mechanisms
Does this treatment	Systematic review	Randomized trial	Non-randomized controlled	Systematic review of case-	Opinion without explicit critical
help?	of randomized trials or	or (exceptionally)	cohort/follow-up study	control studies, historically	appraisal, based on limited/
(Treatment Benefits)	n-of-1 trial	observational studies with		controlled studies	undocumented experience, or
		dramatic effect			based on mechanisms
What are the	Systematic review	Systematic review of	Non-randomized controlled	Case-control studies, historically	Opinion without explicit critical
COMMON harms?	of randomized trials or	nested case-control or	cohort/follow-up study	controlled studies	appraisal, based on limited/
(Treatment Harms)	n-of-1 trial	dramatic effect			undocumented experience, or
What are the RARE	Systematic review	Randomized trial			based on mechanisms
harms?	of case-control studies,	or (exceptionally)			
(Treatment Harms)	or studies revealing	observational study with			
	dramatic effects	dramatic effect			
Is early detection	Systematic review of	Randomized trial	Non-randomized controlled	Case-control studies, historically	Opinion without explicit critical
worthwhile?	randomized trials		cohort/follow-up study	controlled studies	appraisal, based on limited/
(Screening)					undocumented experience, or
					based on mechanisms

* Level may be graded down on the basis of study quality, imprecision, indirectness (study PICO does not match questions PICO), because of inconsistency between studies, or because the absolute effect size is very small; Level may be graded up if there is a large or very large effect size.

資料來源: Center for evidence based Medicine http://www.cebm.net/mod_product/design/files/CEBM-Levels-of-Evidence-2.pdf

英國牛津大學實證醫學中心 Oxford CEBM 建議等級(2011)

臨床問題	證據等級1*	證據等級2*	證據等級3*	證據等級4*	證據等級5*
該項臨床問題	地區及當代區域	適合當地環境	地區及區域性	系列性病例或	N/A
多常見?	隨機樣本普查	普查系統性文	非隨機樣本調	個案報告**	
		獻回顧**	查**		
診斷或審查監	有一致參考標準	有一致參考標	非連續性研究	病例或個案對	依基本原理的
测的工具正確	(黃金標準)及盲	準(黃金標準)	或沒有一致參	照試驗、品質	推估
嗎?	化的世代研究的	及盲化的世代	考標準(黃金標	較低或沒有獨	
(診斷)	系統性文獻回顧	性研究	準)的研究**	立参考標準的	
				研究**	
如果没有治療	起初世代研究的	起初世代研究	世代研究或臨	系列病例或個	N/A
會產生什麼後	系統性文獻回顧		床隨機對照試	案報告、病例	
果?			驗 **	對照試驗或品	
(預後)				質低的預後世	
				代研究**	
介入治療有幫	隨機臨床對照試	隨機臨床對照	非隨機臨床對	系列病例或個	依基本原理的
助嗎?	驗或隨機序列介	試驗或有顯著	照的世代研究	案報告、病例	推估
(治療益處)	入治療試驗	療效的觀察型	/對照追縱研	或個案對照試	
	(N-of-1) 系統性	研究	究 **	驗或歷史對照	
	文獻回顧			試驗 **	
介入治療有害	隨機臨床對照試	隨機臨床對照	非隨機對照的	系列病例或個	依基本原理的
處嗎?	驗、巢氏病例對照	試驗或有顯著	世代/追蹤研	案報告、病例	推估
(治療傷害)	試驗、隨機序列介	傷害的觀察型	究(上市後審查	或個案對照試	
	入治療試驗(N	研究	監測)提供足夠	驗或歷史對照	
	-of-1) 或有療效顯		的樣本數去排	試驗 **	
	著的觀察型研究		除傷害(關於長		
	的系統性文獻回		期傷害,須有夠		
	雇員		長時間的追		
介入治療有罕	隨機臨床對照試	隨機臨床對照	蹤)**		
見害處嗎?	驗或隨機序列介	試驗或有顯著			
(治療傷害)	入治療試驗	傷害的觀察型			
	(n-of-1) 的系統	研究			
	性文獻回顧				
該項值得早期	隨機臨床對照試	隨機臨床對照	非隨機臨床對	系列病例或個	依基本原理的
診斷嗎?	驗的系統性文獻	試驗	照的世代研究	案報告、病例	推估
(篩檢)	回顧		/追蹤研究**	或個案對照試	
				驗或歷史對照	
				試驗**	

台灣護理學會 卓 越中心知識轉譯組譯



資料來源: Steglitz, J., Warnick, J. L., Hoffman, S. A., Johnston, W., & Spring, B. (2015). Evidence-Based Practice. In J. D. Wright (Ed.), *International Encyclopedia of the Social & Behavioral Sciences (Second Edition)* (p. 334). Oxford: Elsevier.

二、Melnyk和Fineout-Overholt (2005)

證據等級	治療或措施
Level I	隨機控制試驗的系統性交獻回顧、統合分析或以隨機控制試驗的系統性交獻回顧 爲基礎發展的實證臨床照護指引
Level II	證據來源至少有一個爲設計良好的隨機控制試驗
Level III	證據來源爲非隨機化但設計良好的控制試驗
Level IV	設計良好的個案控制研究及世代研究之證據
Level V	描述性及質性研究的系統性交獻回顧之證據
Level VI	單一描述性研究或質性研究之證據
Level VII	専家報告或専家意見

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age	023.aspx		ź	2	
	三、中央健康保險局 指引建議的形成是根 1++-最高等級,4:J	(2004) 燯臨床實證的等級而來,證據等級的分類如下: 長低等級。			
	等級	實證類別			
	1++	高品質之統合分析(meta analysis),系統性文獻回顧(systematic reviews)之 随機控制試驗(RCTs),或該随機控制試驗之設計誤產(bias)極低。			
	1+	執行良好之統合分析,系統性文獻回顧之隨機對照試驗,或該隨機對照試驗之設 計誤差極低。			
	1-	統合分析、系統性文獻回顧之随機對照試驗,或該随機對照試驗之設計誤差偏 高。			
	2++	 經過病例對照研究(case-control study)或世代研究(cohort study)之高品質 系統性文獻回顧。 高品質的病例對照研究法及世代研究法可降低干擾、誤差及機率,並且具有 高度的因果相關。 			
	2+	經過病例對照研究或世代研究之設計良好的系統性文獻回顧。			
	2	现实验针强美药喜文库例数照现实成世代现实			

資料來源:成大醫院實證護理學習知識網, http://140.116.58.128:8080/subpage023.aspx。
 評等
 內容

 1.至少有一項整合分析、系統性文獻回顧或隨機對照試驗之實證等級爲1+++1
 該研究可直接應用於目標評體(Harget population);或

 ② CHT Up...
 ③ V Chast...

 ④ CHT Up...
 ④ V Chast...

非分析性之研究,例如:個案報告

専家意見

3

4

建議強度之評等(Grades of Recommendation)

實證護理-證據分級系統

目前國際間有不同的證據分級系統:

一般分級方式大都以統合分析(Meta-Analysis)、系統性文獻回顧(system review)、RCT:Randomized control test (隨機對照組試驗)為高等級的證據,個案報告為低等級證據。



建立合適的檢索策略

●布林邏輯(Boolean)—AND、OR、NOT

AND	且(交集)	護理AND阿茲海默症
NOT	非 (去除)	台灣旅遊NOT花蓮
OR	或 (聯集)	產傷 birth trauma OR birth injury

檢索小技巧-1

● **關鍵字選擇**: 嘗試多個意義相近的關鍵字(key word)

●布林邏輯使用:利用不同關鍵字組合(and交集, or聯集, not刪除)來 增加搜尋的廣度及精確度

●Limit限制功能:增加搜尋結果精確性:年代、語文、性別等

●**特定欄位檢索**: 篇名、作者、摘要、刊名

檢索小技巧-2

同義詞(異形詞)使用(確認MeSH term用法)
 老人癡呆症 = 老人失智症
 infancy= childhood=baby

截字符號(truncation)—(各家資料庫不同符號標示)
*、?、\$、!、""、()
m?cdonald → mcdonald and macdonald
cat* → cat, catatonic, catatonia, category, etc.
disease\$ → diseases, diseased, and more

縮寫VS全稱
 DM = diabetes mellitus
 SLE (紅斑性狼瘡) = Systemic Lupus Erythematosus

如何查找關鍵字

Yahoo奇摩字典、Google翻譯→可能錯誤率很高、專業性?? 教科書、藥學資料庫、PubMed的MeSH醫學詞彙標題表 用中文資料庫文章內,找尋英文關鍵字

摘要

熱中暑是全球暖化所引發的公眾健康問題,易併發嚴重合併症,甚至導致死亡。熱中暑的發生或致死是可預防的,其仰賴熱中暑防治教育的推 廣、快速辨識潛在熱中暑病人並立即積極治療。身兼實務、諮詢、教育與領導的護理師是提升熱中暑醫療照護品質不可或缺的角色。藉由有效 評估、早期降溫、密切監測與支持性護理照護以促進預後,完善教育訓練以增進臨床護理人員的實務照護能力,提供教育、諮詢以及結合實證 應用護理措施以達到全方位高品質照護。而熱中暑護理照護在目前台灣醫療現況中尚需要多方面的醫療重視與學術研究發展,期望未來能藉由 健保體系、醫療體系、學術機構的配合,促使熱中暑照護與研究更健全蓬勃的發展,使學術研究與臨床實務應用能更密切結合。

關鍵字

熱中暑; 護理角色; 功能; 早期降溫; 以實證為基礎健康照護

並列摘要

Heat stroke is a public health concern complicated by global warming. Heat stroke may lead to severe complications and even death. However, heat stroke is preventable. Nurses equipped with proper education and their professional role in practice, consulting, education, and research, is vital in promoting the quality of heat stroke care. Prevention, early recognition, aggressive cooling measures, assessing hemodynamic status and supportive nursing care are closely linked to the prognosis of patients who suffer from heat stroke. There is a need for more public emphasis, education and research from all medical care teams on the subject of heat stroke. The expectation is to develop a better care system and research activities through the collaborative effort of academic, healthcare institutions, and the health insurance system.

並列關鍵字

heat stroke; nursing role; function; aggessive cooling measures; evidence-based health care

PubMed資料庫



- ●PubMed為美國國家醫學圖書館的美國國家生物資訊中心(National Center for Biotechnology Information, 簡稱NCBI)所研發的生物醫學主題相關文獻的資料庫檢索系統。
- 收錄自1950年起的生命科學相關文獻,並收錄資訊科學、航太科學
 等其他學科文獻。
- 免費書目資料檢索服務,不斷更新資源
- ●除收錄美國文獻外,另收80多國期刊
- ●提供部分免費及付費全文連結服務,並包含即將出版的醫學文獻。

http://erslib.ntunhs.edu.tw/er/



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首頁 | English | 圖書館 | 離開系統 登入者:Guest



PubMed 新版首頁

1.上方設有Google化檢索框(Google like search),提供更直接的查詢方式。
 2.各項功能依性質重新聚類,分為:Learn、Find、Download及Explore
 3.畫面最下方Trending Articles和Latest Literature兩大區塊。



Trending Articles	Latest Literature
Fublined records with recent increases in activity	New articles from highly accessed journals
Age- and sex-specific morphologic changes in the	Am J Obstet Gynecol (3)
metaphyseal fossa adjacent to epiphyseal tubercle in children and adolescents without hip disorders.	Arch Phys Med Rehabil (2)
Hosseinzadeh S, et al. J Orthop Res. 2020. PMID: 32091139	Cancer Cell (1)

PubMed 首頁



Search PubMed

Advanced



Search



Trending Articles

PubMed records with recent increases in activity

Structure of M^{pro} from COVID-19 virus and discovery of its inhibitors. Jin Z, et al. Nature. 2020. PMID: 32272481

Latest Literature

New articles from highly accessed journals

Am J Clin Nutr (1) Blood (1) Individual risk factors associated with exertional **heat** illness: a systematic review.

6 Westwood CS, Fallowfield JL, Delves SK, Nunns M, Ogden HB, Layden JD.

Review.

ol. 2020 Apr 6. doi: 10.1113/EP088458. Online ahead of print.



Exertional **heat** illness (EHI) remains a persistent problem for athletes and individuals. This threat remains despite numerous athletic position statements and occupational guidance policies. ...ABSTRACT: Background Despite the widespread knowledge of exertional heat illness (EHI) and clear guidance for its prevention, the incidence of EHI remains high. ...

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49985

The Chemical Biology of Ferroptosis in the Central Nervous System.

PubMed專用號碼(檢索點)

7 Ratan RR.

> Cell Chem Biol. 2020 Mar 24:S2451-9456(20)30081-7. doi: 10.1016/j.chembiol.2020.03.007. Online ahead of print.

PMID: 32243811 Among these, ferro

stress-induced cell death pathway with

implications for diseases as diverse as traumatic brain injury, hemorrhagic stroke, Alzheimer's disease, cancer, renal ischemia, and heat stress in plants. ...

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🕻 Cite < Share
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Translating evidence-based practice to clinical practice in Tokyo 2020: how to diagnose and manage exertional heat stroke. 8

Hosokawa Y, Casa DJ, Racinais S.

Br J Sports Med. 2020 Mar 27:bjsports-2020-102153. doi: 10.1136/bjsports-2020-102153. Online ahead of print.

PMID: 32220857 No abstract available. No abstract available 沒有摘要

🕻 Cite < Share

9

RIPC provides neuroprotection against ischemic stroke by suppressing apoptosis via the mitochondrial pathway.

Lv J, Guan W, You Q, Deng L, Zhu Y, Guo K, Gao X, Kong J, Yang C.

Sci Rep. 2020 Mar 24;10(1):5361. doi: 10.1038/s41598-020-62336-w.

PMID: 32210331 Free PMC article.

This study was designed to assess the th

PC in ischemic **stroke** and to elucidate

their underlying mechanisms. ...In conclusion, RIPC alleviates ischemia/reperfusion injury after ischemic stroke by inhibiting apoptosis via the endogenous mitochondrial pathway....

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	202	resu	

RESULTS BY YEAR



TEXT AVAILABILITY

Abstract Free full text

Full text

ARTICLE ATTRIBUTE

Associated data

ARTICLE TYPE	
Books and Documents	
Clinical Trial	
Meta-Analysis	
Randomized Controlled Trial	
Review	
Systematic Reviews	
PUBLICATION DATE	
🔘 1 year	
5 years	
10 years	
Additional filters	
Reset all filters	

Acute phase response to exertional **heat stroke** in mice.

Iwaniec J, Robinson GP, Garcia CK, Murray KO, de Carvalho L, Clanton TL, Laitano O. Exp Physiol. 2020 Apr 13. doi: 10.1113/EP088501. Online ahead of print. PMID: 32281170

Exertional heat stroke is accompanied by a marked inflammatory response, but the acute phase response during recovery has never been demonstrated before. ...ABSTRACT: Exertional heat stroke (EHS), the most severe manifestation of heat illness, is accompanied by a marked inflammatory response. ...

Cite < Share</p>

[Indication of bloodletting therapy based on multi-dimensional evidence

2 assessment].

Lv ZX, Gong YN, Guo Y, Chen ZL, Song SM, Li WR, Meng X.

Zhongguo Zhen Jiu, 2020 Apr 12;40(4):450-4. doi: 10.13703/j.0255-2930.20190425-k0004.



ence assessment include er extremities, acute

lumbar sprain, early erysipelas, wheat swelling, exogenous fever of children, stroke, which are mainly the syndromes of blood stasis, toxin, excess and heat

🕻 Cite < Share

Astrocyte-derived extracellular vesicles: Neuroreparative properties and role in 3 the pathogenesis of neurodegenerative disorders.

Upadhya R, Zingg W, Shetty S, Shetty AK.

J Control Release. 2020 Apr 11:S0168-3659(20)30230-3. doi: 10.1016/j.jconrel.2020.04.017. Online ahead of print.

PMID: 32289328 Review.

Stimulated astrocytes secrete EVs with neuroprotective molecules inclu synapsin 1, unique microRNAs, and glutamate transporters. ... On the ot



Alzheimer's disease (AD), stroke, Parkinson's disease, Amyotrophic lateral sclerosis (ALS), and other neuroinflammatory conditions, EVs released by activated astrocytes appear to mediate or exacerbate the pathological processes. ...

💪 Cite 🛛 < Share



Alele F, Malau-Aduli B, Malau-Aduli A, Crowe M.

BMJ Open. 2020 Apr 6;10(4):e031825. doi: 10.1136/bmjopen-2019-031825.

PMID: 32265238 Free article.

The incidence of heat stroke in women ranged from 0.10 to 0.26 per 1000 p

DOI储



MeSH(Medical Subject Headings)

- ●由美國國家醫學圖書館(NLM)建置,全稱:「Medical Subject Headings」,一套生物醫學領域的主題詞表,每個主題詞(以下稱 MeSH Term)代表特定的主題範疇。
- ●對於同一概念採用固定表達方式,方便陳述資料之主題內涵並提供檢 索。(使用者可選擇正確主題詞彙檢索,找尋同義詞、廣義詞、狹義詞)
- ●MeSH超過2萬多個標題,分為16大類,每大類採取<mark>樹狀結構</mark>,下層細分小標題,顯現標題間層屬關係。
- ●上層顯示此標題詞涵義較廣(廣義詞);下層顯示此標題越專精(狹義詞)
- ●MeSH 可標示文獻內容主題及提供使用者查詢文獻。
 - ●文獻經由專家閱讀後,根據內容標註適當 MeSH Terms;使用者可透過 MeSH Terms 查詢文獻。

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• 可配合一般關鍵字(自然語言)進行文獻檢索

Neoplasms結構圖



Heat Stroke MeSH Term dissipate heat in an excessively hot environment or during PHYSICAL EXERTION A condition cause in a hot environment. Contrast to HEAT EXHAUSTION, the body temperature in heat stroke patient is dangerously high with red, hot skin accompanied by DELUSIONS; CONVULSIONS; or COMA. It can be a life-threatening emergency and is most common in infants and the elderly. Year introduced: 1996 Add to search builder AND 🔽 PubMed search b Search PubMed 副標題 Subheadings: 🔲 analysis 🔲 epidemiology physiopathology Related information anatomy and histology 🔲 etiology prevention and control PubMed hlood genetics psychology PubMed - Major Topic cerebrospinal fluid history radiography Clinical Queries chemically induced radionuclide imaging 🔲 immunology rehabilitation classification. metabolism NLM MeSH Browser statistics and numerical complications microbiology data mortality cytology therapy 🔲 diagnosis 🗖 nursing Recent activity ultrasonography drug therapy organization and Turn Off Clear urine administration economics Heat Stroke pathology veterinary enzymology MeSH 🔲 physiology Q heat stroke (2) MeSH Restrict to MeSH Major Topic. 縮小檢索範圍 Preventive Medicine Do not include MeSH terms found below this term in the MeSH hierarchy. MeSH Tree Number(s): C26.522.500 Entry Terms: MeSH概念,檢索PubMed有兩種選擇: MeSH Heat Strokes · Stroke, Heat MeSH Strokes, Heat 1.PubMed:檢索文章中主要標題及次要 建議可同時杳詢 e more... Heatstroke 標題,即包含這個概念的所有文獻 Heatstrokes. 的標題 2.PubMed-Major Topic:只檢索文章主要 標題

Cited by 1 article

Expert consensus on the diagnosis and treatment of heat stroke in China.

Liu SY, Song JC, Mao HD, Zhao JB, Song Q; Expert Group of Heat Stroke Prevention and Treatment of the People's Liberation Army, and People's Liberation Army Professional Committee of Critical Care Medicine. Mil Med Res. 2020 Jan 13;7(1):1. doi: 10.1186/s40779-019-0229-2.

PMID: 31928528 Free PMC article.

Publication types

> Review

MeSH terms

- > Heat Stroke / diagnosis ★
- > Heat Stroke / physiopathology *
- > Heat Stroke / therapy *
- > Humans
- > Physical Exertion *
- > Return to Sport
- > Sports Medicine

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MeSH主要標題	MeSH Major Topic	[majr]
PubMed號碼	pmid	[pmid]
任何關鍵字	text word	[tw]





- 在戒菸門診最常遇到的問題是:醫師,有沒有什麼藥吃下去就不想抽菸了?對許多
 老菸槍而言,戒菸實在是太過困難的事,要是有什麼捷徑可以一僦而成,一定能大
 受歡迎,其中最簡單的,莫過於靠藥物幫忙了。
- 能幫助戒菸的藥物主要分為兩種:一種是尼古丁製劑,一種是不含尼古丁的藥物。
 戒菸的人最難過的是無法忍受尼古丁戒斷症候群,包括憂鬱、焦慮、注意力不集中
 等等,此時若能補充一點尼古丁,便能減輕症狀。另一類是不含尼古丁的藥物,直
 接作用在神經傳導物質抑制戒斷症候群。
- 一位20歲的女性想要戒煙,是否能利用尼古丁替代療法解決其戒除菸癮之需求,成 功率多高?

臺大醫院郭斐然主治醫師, http://health.ntuh.gov.tw/health/new/5573.htm

範例

檢索問題:一位20多歲的婦女,想利用尼古丁替代藥物戒 菸,成效是否有效?

	主要陳述	關鍵字
Р	抽菸習慣之成年婦女	婦女
I	利用尼古丁替代藥物治療	尼古丁治療
С	不借助醫療自行戒菸	
0	戒菸	戒菸





並列摘要

Severe psychiatric patients have higher rates of smoking than the general population. Due to the patient control in passing in and out, a smoking room was generally set up in the therapy ward. Thus, psychiatric nurses may tend to ignore the smoking issue. Nowadays Tobacco Hazards Prevention Act has been enforced in Taiwan on the basis of health promotion. Smoking cessation has become a major clinical concern for psychiatric nurses. However, the patients in smoking cessation may encounter painfully acute psychiatric symptoms and withdrawal symptoms of nicotine, and become anxious, agitation and aggressive in the actual ward. Managing these patients in the process of smoking cessation is complex. This paper was to review and discuss the role of nicotinic receptors in smoking, nicotine and psychiatry drug, nicotine dependence, nicotine replacement therapy, clinical management and nursing care of smoking cessation in the psychiatric setting. The holistic views of smoking cessation may be used as a clinical reference to provide high quality smoking cessation services for psychiatric patients and help them cope with nicotine withdrawal in the future.

並列關鍵字

smoking cessation ;

nicotine; nicotine dependence; nicotine replacement therapy

psychiatry



檢索問題:一位20多歲的婦女,想利用尼古丁替代藥物 戒菸,成效是否有效?

	主要陳述	關鍵字
Ρ	抽菸習慣之成年婦女	婦女 (19歲以上)(female)
I	利用尼古丁替代藥物治療	尼古丁替代療法(nicotine replacement therapy)
С	不借助醫療自行戒菸	
0	戒菸	戒菸(smoking cessation)



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Smoking Cessation Strategies in Pregnancy.

2 Leung LW, Davies GA.

J Obstet Gynaecol Can. 2015 Sep;37(9):791-797. doi: 10.1016/S1701-2163(15)30149-3.

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Effect of **nicotine replacement therapy** on mortality, delirium, and duration of **therapy** in critically ill smokers: a systematic review and meta-analysis.

Cite Ng KT, Gillies M, Griffith DM.

Anaesth Intensive Care. 2017 Sep;45(5):556-561. doi: 10.1177/0310057X1704500505.

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The aims of this review were to determine whether the management of **nicotine** withdrawal with **nicotine replacement therapy** reduces delirium, mortality or length of stay in critically ill smokers in ICU. ...Clinical trials, observational studies and syst ...

Nicotine, Carcinogen, and Toxin Exposure in Long-Term E-Cigarette and Nicotine Replacement Therapy Users: A Cross-sectional Study.

Cite Shahab L, Goniewicz ML, Blount BC, Brown J, McNeill A, Alwis KU, Feng J, Wang L, West R. Ann Intern Med. 2017 Mar 21;166(6):390-400. doi: 10.7326/M16-1107. Epub 2017 Feb 7.

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OBJECTIVE: To compare exposure to **nicotine**, tobacco-related carcinogens, and toxins among smokers of combustible cigarettes only, former smokers with long-term e-cigarette use only, former smokers with long-term **nicotine replacement therapy** (NRT) use o ...

E-cigarettes helped more smokers quit than **nicotine replacement therapy**.



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ARTICLE ATTRIBUTE

Associated data

ARTICLE TYPE

Books and Documents

- Clinical Trial
- Meta-Analysis

Randomized Controlled

Review

Systematic Review

PUBLICATION DATE

- 🔵 1 year
- 5 years
- 10 years
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1 [No authors listed]

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The stronger the tobacco dependence, the more likely the use of an evidence-based method (odds ratio [OR] = 1.27 [1.16; 1.40]). Pharmacotherapy (**nicotine replacement therapy**, medication) was used more com- monly by persons with higher incomes (OR = 1.44 per 1 ...

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An estimated 1148 fathers who smoke at least one cigarette daily and whose partners are pregnant and Share non-smoking will be randomised (1:1) to receive brief advice combined with 1-week sample of **nicotine replacement therapy** (NRT) and active referral to smoking ...

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uthors listed]): 31515174



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A Randomized Trial of E-Cigarettes versus Nicotine-Replacement Therapy . Hajek P, Phillips-Waller A, Przulj D, Pesola F, Myers Smith K, Bisal N, Li J, Parrott S, Sasieni P, Dawkins L, Cite Ross L, Goniewicz M, Wu Q, McRobbie HJ. N Engl J Med. 2019 Feb 14;380(7):629-637. doi: 10.1056/NEJMoa1808779. Epub 2019 Jan 30. Share PMID: 30699054 Free article. Clinical Trial.					
TEXT AVAILABILITY	Overall, throat or mouth irritation w	as reported more frequently in the e-cigarette group (65.3%, vs.			
	oroup (37.9% vs. 31.3% in the e-rig	group) and nausea more frequently in the nicotine-replacement			
☐ Abstract	group (57.5%, Va. 51.5% in the e dig	arette group,			
Free full text	Can we increase smokers' ac	dherence to nicotine replacement therapy and does			
Full text	混理·海众之序				
ARTICLE ATTRIBUTE	迭 择 通 行 义 厭	Birchler T, Bolt DM, Smith SS, Fiore MC, Piper ME.			
ARTICLE ATTRIBUTE	1.Article types(會	35(7):2065-2075. doi: 10.1007/s00213-018-4903-y. Epub 2018 Apr			
Associated data					
ARTICLE TYPE	(空)	Clinical Trial.			
	Meta-Analysis	no a quit attempt and assess whether adherence is related to			
Books and Documents	, Sustamatic Daviaus	ed in guitting (N = 513: 59% femal			
Clinical Trial	Systematic Reviews				
Meta-Analysis	Randomized Controlled	Replacement Therapy vs Standard Smoking			
Randomized Controlled	Trail(PCT)	hronic Lung Disease: A Randomized Clinical Trial.			
Trial	Indii(RCT)	Phadnis M, Fitzgerald SA, Vacek J, Sharpe MR, Salzman GA, Richter			
Review	2. Text availability(文章取得)				
Systematic Review	墙 . 一	Clinical Trial.			
	洞女 尤貝主义 主义	rapy (LT-NRT) might offer a strategy for reducing harm from			
PUBLICATION DATE	3.Publication dates(近五年	ater cessation			
1 year	(上版)				
5 years		, randomised controlled pilot trial: clinical			
10 years	4.SEX(Female)	ation of traditional and complementary medicine			
	5 Ages(19歲以上)	incture and aromatherapy, in combination with			
		y. Cho CS, Go HV, Shin VC, Ko SG			
SEX	BMJ Open, 2017 Jun 2:7(5):e014574.	. doi: 10.1136/bmiopen-2016-014574.			
Female	PMID: 28576892 Free PMC artic	le. Clinical Trial.			
	This trial will evaluate whether adding T&CM methods (ie, ear and body acupuncture, aromatherapy) to				
AGE	conventional cessation methods (ie,	nicotine replacement therapy (NRT), counselling) increases			
Adult: 19+ years	smoking cessation ratesThey will	be current smokers wh			
Additional filters	 Nicotine preloading for smo Avevard P. Lindson N. Tearne S. Ada 	oking cessation: the Preloading RCT. ms R. Ahmed K. Alekna R. Banting M. Healy M. Khan S. Rai G. Wood			

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Aveyard P, Lindson N, Tearne S, Adams R, Ahmed K, Alekna R, Banting M, Healy M, Khan S, Rai G, Wood C, Anderson EC, Ataya-Williams A, Attwood A, Easey K, Fluharty M, Freuler T, Hurse M, Khouja J, Lacey L,

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TEXT AVAILABILITY	Effects of Nicotine Patch vs Varenicline vs Combination Nicotin	e Replacement
Abstract	2 Therapy on Smoking Cessation at 26 Weeks: A Randomized Clin	nical Trial.
Free full text	Cite Baker TB, Piper ME, Stein JH, Smith SS, Bolt DM, Fraser DL, Fiore MC.	
✓ Full text	Share PMID: 26813210 Free PMC article. Clinical Trial.	
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Associated data	3 Cessation for Smokers With Chronic Lung Disease: A Randomize	ed Clinical Trial.
ARTICLE TYPE	Cite Ellerbeck EF, Nollen N, Hutcheson TD, Phadnis M, Fitzgerald SA, Vacek J, Sharpe N KP.	1R, Salzman GA, Richter
Books and Documents	Share JAMA Netw Open. 2018 Sep 7;1(5):e181843. doi: 10.1001/jamanetworkopen.2018. PMID: 30646142 Free PMC article. Clinical Trial.	1843.
Clinical Trial		



A Randomized Trial of E-Cigarettes versus Nicotine-Replacement Therapy

Hajek, Peter; Phillips-Waller, Anna; Przulj Dunja; Pesola Francesca; Myers, Smith Katie; 等. The New England Journal of Medicine; Boston Vol. 380, Iss. 7, (Feb 14, 2019): 629-637. DOI:10.1056/NEJMoa1808779



Adolescent Dual Use Classification

and Its Association With Nicotine

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E-cigarettes are commonly used in attempts to stop smoking, but evidence is limited regarding their effectiveness as compared with that of nicotine products approved as

m/indexinglinkhandler/sng/au/Phillips-Waller,+Anna/\$N?acc...

From Queen Mary University of London (P.H., A.P.-W., D.P., K.M.S., N.B., H.J.M.), King's College London (F.P., P.S.), and London South Bank University (L.D.),

Randomized Controlled Trial > Transl Behav Med. 2018 Jan 29;8(1):18-28.

doi: 10.1093/tbm/ibx008.

Factors influencing the impact of pharmacogenomic prescribing on adherence to nicotine replacement therapy: A qualitative study of participants from a randomized controlled trial

Alison J Wright ¹, Stephen Sutton ², David Armstrong ³, Paul Aveyard ⁴, Ann Louise Kinmonth ², Theresa M Marteau ²

Affiliations + expand PMID: 29385578 DOI: 10.1093/tbm/ibx008

Abstract

Pharmacogenomics may improve health outcomes in two ways: by more precise and therefore more effective prescribing, tailored to genotype, and by increasing perceived effectiveness of treatments and so motivation for adherence. Little is known about patients' experiences of, and reactions to, receiving pharmacogenomically tailored treatments. The aim of this study was to explore the impact of pharmacogenomic prescribing of nicotine replacement therapy (NRT) on smokers' initial expectations of quit success, adherence, and perceived important differences from previous quit attempts. Semi-structured interviews were conducted with 40 smokers, purposively sampled from the Personalized Extra Treatment (PET) trial (ISRCTN 14352545). Together with NRT patches, participants



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Wright, Alison. Translational Behavioral Medicine Volume: 8 Issue 1 (2018) ISSN: 1613-9860

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